

PAUL R. CHRISTEN NATIONAL HIGH ADVENTURE BASE

TIRES AND TRAILS

2015 Program Fee

\$829

Price includes tent, cot, food and all program equipment.

June 7, 2015 through August 15, 2015

Program Overview

The Bechtel Summit is home to 36 miles of downhill and cross country mountain bike trails. Add dirt jumps, pump tracks and two dual slalom courses for an intense mountain biking program.

Your focused program includes one day of cross-country rides, one day of shuttles to ride only downhill and one long extended ride day. You will have the opportunity to learn more basic to more advanced MTB maneuvers including, cornering, braking, descending position and maneuvering over or around rocks and logs. You will also learn what it takes to maintain and do basic repairs on your bike.

Participants should already be comfortable riding a bike and have some experience with either mountain bikes or road bikes.

To complete your week, you will also have the chance to ride the Big Zip, complete a service project and select two electives from the Adventure Zone venues (see back).

TIRES & TRAILS ITINERARY

| | SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|-----------------|--------------------------|----------|-----------|----------|-----------------|--------|
| AM | ARRIVE | X-COUNTRY | DOWNHILL | LONG RIDE | SERVICE | ELECTIVE | DEPART |
| PM | ARRIVE | X-COUNTRY | DOWNHILL | LONG RIDE | ELECTIVE | BIG ZIP | |
| EVE | OPENING PROGRAM | SUMMIT CENTER ACTIVITIES | | | | CLOSING PROGRAM | |

Our Philosophy

The Summit encourages participants to grow in competence, confidence and awareness by providing experiences that require participants to move out of their comfort zones and "stretch" themselves. The Summit uses action and adventure sports to help each individual find their personal "stretch" zone.



For reservations and information, visit www.SummitBSA.org

Paul R. Christen National High Adventure Base

The Summit Bechtel Family National Scout Reserve offers a variety of Scouting programs through the Paul R. Christen National High Adventure Base, James C. Justice National Scout Camp and Summit National Training Center.

Christen National High Adventure Base headquarters and camping can be found east of Scott Summit Center across the CONSOL Energy Bridge. Tents and cots are provided. Breakfast and dinner are served in the Scott Summit Center dining facility. High Adventure participants pick-up a shelf-stable lunch at breakfast to carry to their daily activities.

All high adventure program run Sunday to Saturday with early arrivals and late departures available to accommodate travel schedules.

Scott Summit Center

The Scott Summit Center is the place where all Summit program participants – Christen High Adventure Base, Justice Scout Camp, Summit National Training Center – converge for evening activities.

Evening programs at the Scott Summit Center offer opportunities for added adventure and outdoor education at Action Point, Goodrich Lake, Gateway Village, Legacy Village and Boulder Cove.

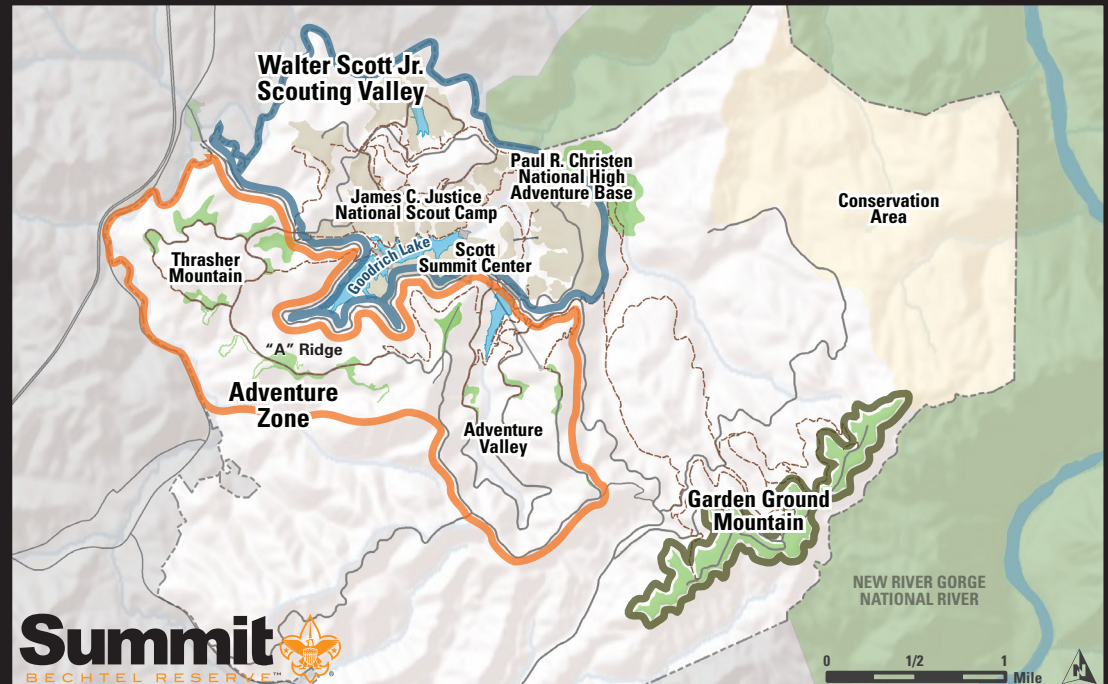
This includes the following venues and activities:

- Action Point Canopy Tour
- Action Point Challenge Course
- Jared Harvey Mountain Bike Trails
- Action Point Skate Plaza
- Action Point BMX Trax
- Boulder Cove Climbing Area
- Sustainability Treehouse
- Action Point Archery & Tomahawks
- Freedom Field Sporting Arrows
- and more

Summit Bechtel Reserve

(304) 465-2800 (F) (304) 465-2819

summit.program@scouting.org



ADVENTURE ZONE

ADVENTURE ZONE VENUES include areas on Thrasher Mountain (TM), "A" Ridge, and Adventure Valley (AV).

THE CANOPY: The forest at the northeast edge of the Paul R. Christen National High Adventure Base is home to eight different canopy tours. Each course consists of multiple zip lines, bridges and self-rappel elements.

THE PARK. This skatepark presents a variety of elements - transition, street, bowls, vert and foam pits. (TM)

THE TRAX. The BMX racing facility offers a variety of track configurations including jump, pump, downhill and flat. (TM)

THE BOWS. The archery facility provides the chance to shoot static ranges of varying distances, sporting arrows (shooting discs out of the air) and the 3D walking range. (A)

THE BARRELS. The shooting venue is home to trap, five-stand, sporting clays, long distance rifle and pistol ranges. Summit Experience participants focus on trap and sporting clays only. (A)

THE ROPES. Participants navigate a vast array of challenge course and high ropes activities. The Ropes offers four regular high ropes courses and the AEP Power Tower, a vertical challenge course that dares you to make it to the top. (AV)

THE ROCKS. Participants spend one half day climbing, rappelling and taking the "Leap of Faith". Climbing routes have difficulty ratings from 5.5 to 5.11, making the The Rocks versatile for climbers of all ability levels. Climbing shoes are provided. (AV)

LOW GEAR: Our cross country mountain biking venue boast 19 miles of trails. Green, blue and black trails offer rides of varying difficulties. Advanced riders may tackle the 17 miles of downhill trails available at HIGH GEAR. (AV)

THE ZIP: This 3200 foot zip line begins at HIGH GEAR above ADVENTURE VALLEY and speeds riders at speeds nearing 60 mph over the valley and BRAVO LAKE. (AV)

BRAVO LAKE: One of the reserves four lakes, Bravo Lake is the base for the Summit's high adventure kayaking crews. (AV)