# Half Day Summit Experience Activities And ½ Day Electives for Focused Programs

Below is a brief description of the half day Summit Experience elements. The 2 electives that the Focused programs (Berms & Bars, Ramps & Rails, Tires & Trails, The Marksman, Helmets and Harnesses, and The River) request have the same content.

The purpose of the Summit Experience and the electives in the focused program is to get a taste of these activity areas. Most of these areas have different trails, tours or activities related to their overall theme. In the ½ day of time spent in these areas participants will have a full ½ day of activity but may not experience every route, trail or type of activity available in the specific adventure area.

### The Rocks

Experience the Summit's extensive artificial rock climbing structures and world class rappelling towers. In the climbing area climbing routes of varying difficulty will be available as well as a bouldering area. We have 2 rappelling towers for that link together with our exciting Leap of Faith which involves an automatic belay device attached to a zip line. You get to move laterally along the zip line as the auto belay device lowers you smoothly to the ground.

## The Ropes

The Ropes is the Summit's high element challenge course. You will be in the trees and moving up, over, around, under and through all sorts of physically and mentally challenging obstacles. If you love high ropes courses come experience the Summit's version of this exciting activity.

# The Canopy

A canopy tour is a series of zip lines through the "canopy" of the forest. You will get a whole new perspective on the outdoors from between 50 and 100 feet up in the trees. Canopy tours in the Canopy adventure area contain between 7 and 9 zip lines on a tour. Participants will have time for 1 full tour during their visit to the Canopy.

## The Trax

Experience the exciting sport of BMX at the Trax. You will find tracks for beginners who have never experienced the sport, intermediate tracks for those who have done it before and advanced tracks for those with a lot of experience with the sport.

#### The Park

Come experience the Summit's extensive skate park. This large area has elements for beginner, intermediate and advanced skaters. Elements include: bowls, rails, rollers and even a jump pit filled with foam cubes where you can hone your tricks without having to worry about the hard landing at the end.

#### The Bows

At the Bows you will have the chance to hit a bullseye in static target archery, 3d archery and sporting arrows. We will have multiple distance static target ranges going as far as 90 meters. We have 3d archery trail with up to 18 stations. Try your hand at a new activity introduced at the Jamboree, Sporting Arrows. A thrower will propel a 10 inch foam disk into the air and you will have the chance to aim and shoot at this moving target with your bow and arrow.

#### **Barrels**

Test your aim at the Barrels with multiple disciplines of shooting sports. Ranges include Rifle-.22, .223 and .308 caliber, shotgun- trap shooting, Sporting Clays and 5 stand. In a ½ day participants will experience to types of firearm.

#### **Low Gear**

The Summit is home to over 35 miles of mountain biking trails. We have both cross country and downhill trails to challenge riders at all levels.

## **Lake Kayaking**

On one of the Summit's beautiful lakes you will get to hone your paddling skills on our kayaks and learn how to enter and exit a kayak safely.

# White Water Rafting (65.00 per person additional cost if selected.)

Spend a half day rafting down the Lower New River with professional white water rafting partners. The Summit has partnered with local outfitters who have years of experience leading trips down the New River. The lower new river provides class 2 through 4 rapids depending on weather, time of year and rainfall.