ACTIVITY INFORMATION TABLE

SUMMIT EXPERIENCE

13 years of age on the day of their arrival to the Summit.

Core Activity	Location	Duration	Special Requirements
вмх	The Trax	½ Day	Bike Shoes, Skate Shoes or Low-Rise Tennis shoes.
Skateboarding	The Park	½ Day	Bike Shoes, Skate Shoes or Low-Rise Tennis shoes.
Shooting Sports	The Barrels	½ Day	Closed Toe Shoes
Archery	The Barrels	½ Day	Closed Toe Shoes
Climbing/Big Zip	The Rocks	½ Day	Must wear closed toed shoes. Must weigh between 50 lbs. and 250 lbs.
Canopy Tours	The Canopy	½ Day	
Lake Activities or White- Water Rafting	Goodrich Lake or The New River Gorge	½ Day, ½ Day	Passed Annual BSA Swim Test.
Service Project Lake Activities or White-Water Rafting*	Various Goodrich Lake or The New River Gorge	½ Day, ½ Day	Sturdy hiking boots long pants and long-sleeved shirt. Passed Annual BSA Swim Test. Must wear closed toed shoes.
Service Project	Various	½ Day	Sturdy hiking boots long pants and long-sleeved shirt.
Crafton Sportsman Complex	Crafton Sportsman Complex	½ Day	