

THE 10 ESSENTIALS OF HIKING

While at The Summit participants will be carrying a day pack for the items they will need throughout their experience. A good guide for what you will be carrying is the “10 Essentials for Hiking.”

1. **Navigation Materials** Map and Compass are essential to knowing and finding your way. GPS can be a great and useful tool, but you should also have the basic map and compass in case technology fails.
2. **Water** Staying hydrated is key. If hiking in a wilderness area water treatment or filtration should be brought as well. (At the Summit, there is potable water at all activity areas.)
3. **Food** Make sure to bring enough food appropriate for the planned length of your hike.
4. **Sun Protection** Sunscreen, hats and sunglasses are all great tools to protect you from the sun's rays.
5. **Appropriate Clothing** Depending on the time of year, make sure to have clothing and weather protection for the conditions you may encounter. This could include rain gear, fleece sweater, a winter jacket etc.
6. **Fire Starter** Matches and or lighter.
7. **First Aid Kit** appropriate for your time and group size while at the Summit.
8. **Illumination** Flashlight or head lamp.
9. **Repair and Tool Kits** Make sure to bring supplies to fix common problems with any items you may have. A multi-tool style pocketknife is an efficient way to bring a lot of tools.
10. **Emergency Shelter** A tent, tarp, or space blanket for emergency shelter.

ACTIVITY INFORMATION TABLE

SUMMIT EXPERIENCE

13 years of age on the day of their arrival to the Summit.

Core Activity	Location	Duration	Special Requirements
BMX	The Trax	½ Day	Bike Shoes, Skate Shoes or Low-Rise Tennis shoes.
Skateboarding	The Park	½ Day	Bike Shoes, Skate Shoes or Low-Rise Tennis shoes.
Shooting Sports	The Barrels	½ Day	Closed Toe Shoes
Archery	The Barrels	½ Day	Closed Toe Shoes
Climbing/Big Zip	The Rocks	½ Day	Must wear closed toed shoes. Must weigh between 50 lbs. and 250 lbs.
Canopy Tours	The Canopy	½ Day	
Lake Activities or White-Water Rafting	Goodrich Lake or The New River Gorge	½ Day, ½ Day	Passed Annual BSA Swim Test.
Service Project Lake Activities or White-Water Rafting*	Various Goodrich Lake or The New River Gorge	½ Day, ½ Day	Sturdy hiking boots long pants and long-sleeved shirt. Passed Annual BSA Swim Test. Must wear closed toed shoes.
Service Project	Various	½ Day	Sturdy hiking boots long pants and long-sleeved shirt.
Crafton Sportsman Complex	Crafton Sportsman Complex	½ Day	

SUGGESTED BACKDATING SCHEDULE

NOTE: (C) APPLIES TO ITEMS SPECIFIC TO COUNCIL CONTINGENTS

WHEN YOU REGISTER

- 🐾 Contingent approval notification to councils. (C)
- 🐾 Scout Executive assigns council staff member to serve as Contingent Advisor. (C)
- 🐾 Council committee and advisor recruit qualified leadership. (C)
- 🐾 Draft a tentative transportation plan.
- 🐾 Participant fee established and approved, including Summit fee, transportation, travel housing, travel meals, and sightseeing fees, if desired.
- 🐾 Council committee and advisor publicize contingent opportunities to troops and units, including cost and age/weight requirements. (C)

SPRING/SUMMER (YEAR PRIOR TO PROGRAM)

- 🐾 Collect deposit from each participant.
- 🐾 Send contingent deposit to The Summit.
- 🐾 Continue recruiting to fill available space in units.
- 🐾 Finalize travel arrangements.
- 🐾 Unit leaders plan unit preparation schedule.

FALL (YEAR PRIOR TO PROGRAM)

- 🐾 Conduct Summit Parents' Orientation- Go to www.summitbsa.org and click on the marketing tool kit under the Council Resources tab for orientation materials. Download the program overview presentation with speaker notes for a canned orientation program. Also available are various videos and fact sheets about Summit programs.
- 🐾 Collect advance fee payment from participants
- 🐾 Transmit advance fee to The Summit

WINTER (YEAR PRIOR TO/OF PROGRAM)

- 🐾 Participants schedule medical exam
- 🐾 Units conduct training experiences and shakedown activities

SPRING OF PROGRAM

- 🐾 Collect balance due from all participants
- 🐾 Transmit balance due to The Summit
- 🐾 Review Summit Planning Guide, Program Supplement and Appendices
- 🐾 Ensure participant compliance with BSA Height/Weight restrictions
- 🐾 Complete the Arrival and Departure Plan card
- 🐾 Submit any food allergies or restrictions ([Link](#))
- 🐾 Complete BSA Swim Check
- 🐾 Units conduct training experiences and shakedown activities

SUMMER OF PROGRAM

Your unit's experience is ready. The adult advisor/Scoutmaster will need to bring the following items to Check-In:

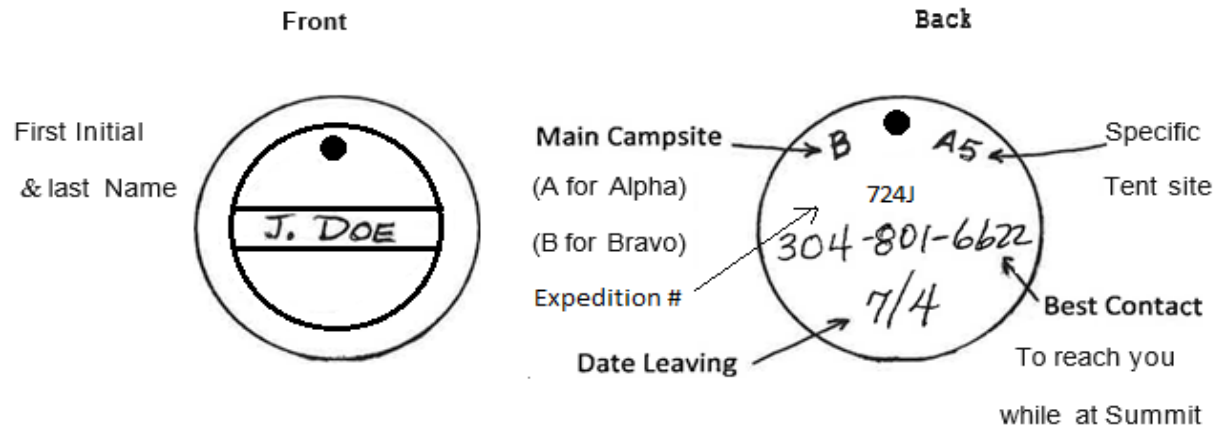
- 🐾 Annual Health and Medical Record properly signed with attached copy of health insurance card for each participant
- 🐾 Properly completed and signed Summit Waiver Form (required by the State of WV) for each participant
- 🐾 Rafting waivers as appropriate
- 🐾 Completed unit roster (with any changes or updates included)
- 🐾 Completed swim check form
- 🐾 Evidence of wilderness first aid/CPR training certifications if required for your program

POST PROGRAM

- 🐾 Conduct Summit Family Night upon your return to share stories and photos with parents
- 🐾 Sign up to come back!

BUDDY TAGS

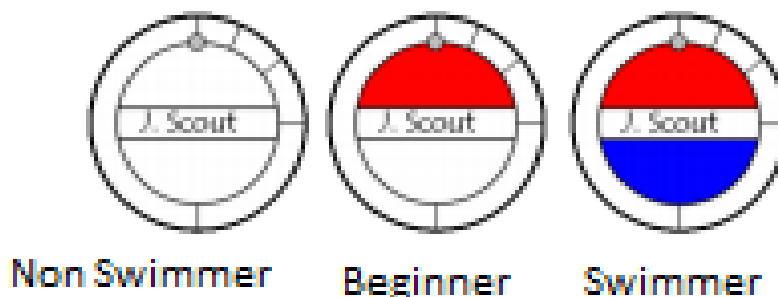
PLEASE PRINT LEGIBLY!



GROUP LEADERS:

The Majority of Waterfront Activities at Summit require an annual BSA swim test and have passed as a "swimmer". This includes Whitewater Rafting, Standup Paddleboard, Kayak, and Water Reality.

- Bring two copies of the swim test master form with you to check in. one copy will be turned in, one will be kept for your records.
- The appropriate number of buddy tags will be provided to you at check-in.
- It is your responsibility to fill out the buddy tags.
- Fill out 1 tag per participant for waterfront activities.
- Please make sure all tags are filled out legibly. Color tag to identify participants' ability level. See below for visual examples.
- You may not know your specific campsite until you arrive. Please fill out as much information as possible prior to arrival to expedite your check-in.
- Whitewater Rafting does not require a buddy tag but does require that you have had your annual BSA swimmers test and passed as a "swimmer".





Duty to God Award

Summit Bechtel Reserve

The Scout Oath begins with duty to God and country, and the Scout Law ends with reverence. The Boy Scouts of America maintains that no member can grow into the best kind of citizen without recognizing an obligation to God. The Summit provides this optional award under the guidance of the unit Chaplain Aide. The goal of the award is to assist a participant in living out his/her "Duty to God."

To earn this award, please complete the following requirements:

- 🐾 Unit Chaplain Aide must attend the Chaplain Aide training;
- 🐾 Participants should attend Summit Chapel Service or conduct unit led service during your stay;
- 🐾 Participate in daily devotionals guided by the Chaplain Aide. Devotional resources are provided on the Summit website; <https://www.summitbsa.org/chaplain-aide/>
- 🐾 Unit should participate in a daily "Thorns, Roses and Buds" session guided by the Chaplain Aide, and;
- 🐾 Raise awareness of the Religious Emblems Awards. Information can be found at the following site: https://filestore.scouting.org/filestore/pdf/512-879_WB.pdf
- 🐾 When the requirements are completed, present this sign-off sheet below at the trading post and the unit will be able to purchase the patch.

_____ return the portion below and present it at the trading post _____



Unit Number _____ Council _____

Chaplain Aide's name: _____

Chaplain Aide's Signature: _____

Unit Leader's Name: _____

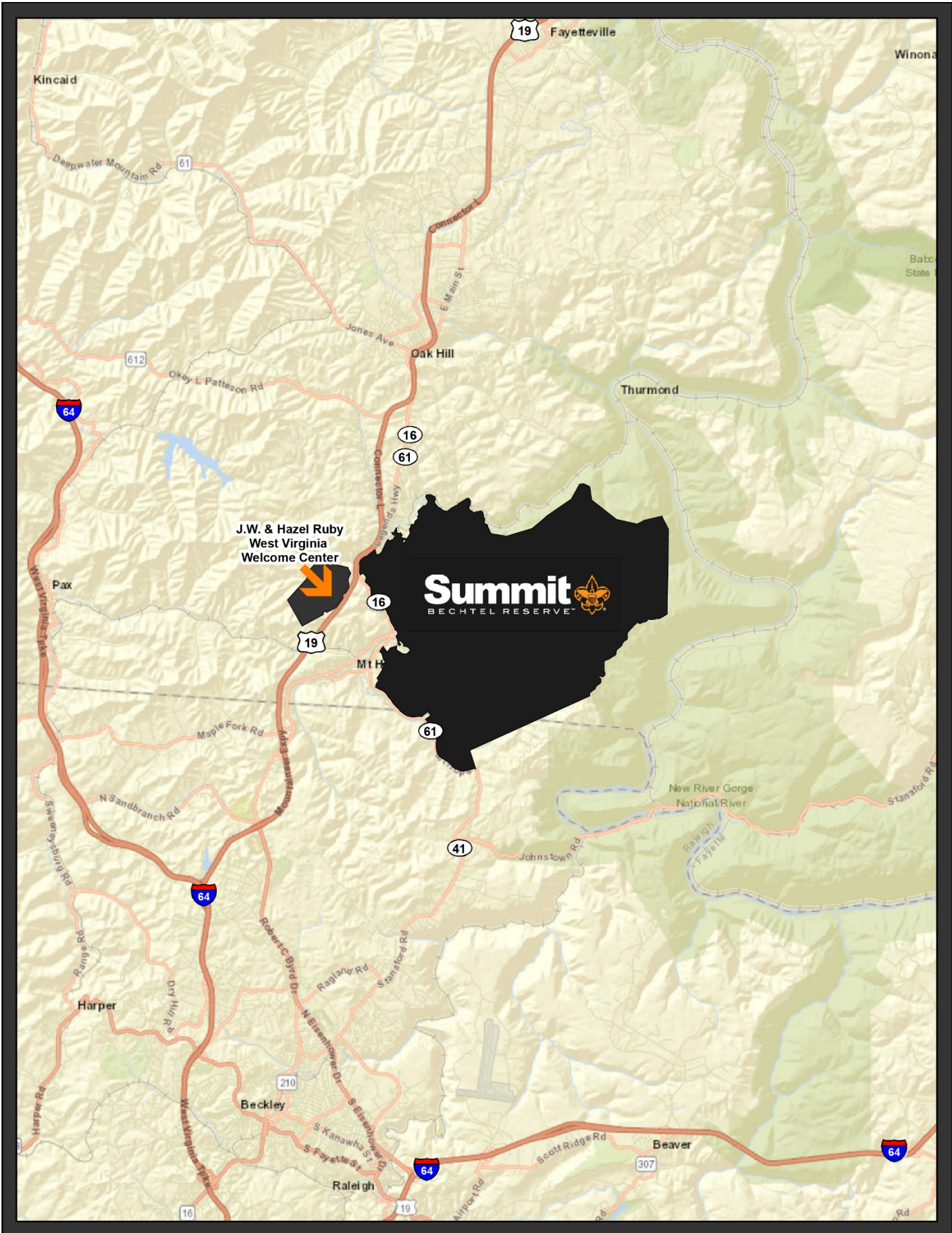
Unit Leader's Signature: _____

Number of Participants completed Award: _____

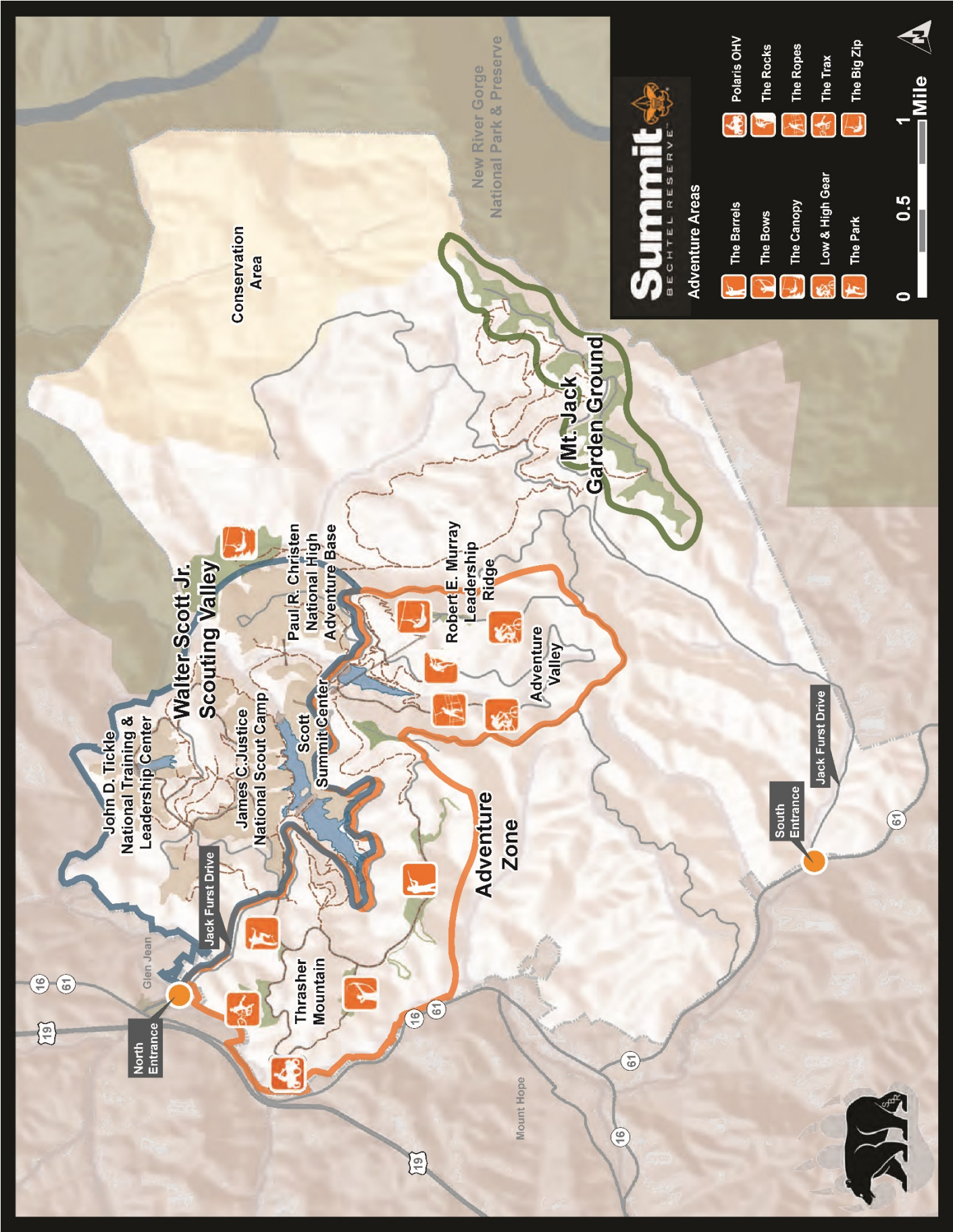
{# that have completed the Religious Emblem _____}

Shipping Address If Needed, please print:

VICINITY MAPS



VICINITY MAPS CONTINUED



MERIT BADGES AND AWARDS OUTSIDE JUSTICE SCOUT CAMP

There are naturally advancement opportunities throughout the course of your stay at the Summit. In certain scenarios (i.e. white water rafting not in Justice Scout Camp), it may be appropriate to train your adult leaders to be merit badge counselors.

TO DO THE ONLINE TRAINING:

- Login to <https://my.scouting.org/>
- Click Menu in the top left.
- Click My Dashboard from the dropdown menu.
- Click Training Center near the top. It is next to YPT.
- Click Scouts BSA. This will redirect you to Scouting U site.
- Click Course Catalog near the top. Scroll down to Program Learning Pans.
- Click on Learning Events in the Boy Scouting Box.
- Click on Merit Badge Counselor Training

This should pop up 2 options. 1: Merit Badge Counselor -Before the First Meeting and 2: Merit Badge Counselor – Position Trained. Complete both sessions and fill out and submit your Merit Badge Counselor Application. Be sure to Include Kayak, Whitewater, and any other Merit Badges you wish to sign off on. Here's link for merit badge counselor application <https://filestore.scouting.org/filestore/pdf/34405.pdf>

This seems complicated but if you follow the steps it is not too painful. If online learning is not your style, contact your local council to find out about in person training opportunities.

Thanks in advance for your help in this. On any given year in the Experience program alone, we can see up to 1000 or more blue cards and award applications. If we sign them as the merit badge counselor, it becomes our responsibility to organize, archive, and retrieve information on any one of the blue cards should a question come up about the card or for Eagle Court. For this reason, we try to stay out of the advancement business in High Adventure. We will provide the subject matter experts for the awards or badges.






Checkout these links for more information on the specific merit badges/awards.

- [Kayak Merit Badge](#)
- [Whitewater Rafting BSA Award](#)
- [Whitewater Merit Badge](#)
- [Kayaking BSA Award](#)
- [50 Miler Award](#)






NOTE the whitewater merit badge has a prerequisite for either the kayak or canoe merit badge. We will have the opportunity to complete the kayak merit badge and then complete the whitewater merit badge during the trek.

RAFTING INFORMATION SHEET





GENERAL INFORMATION

-  The Bus will go directly to the river put in.
-  Participants will return to The Summit before their next meal.
-  Guides have dry bags, but they are meant for small sundries.
-  The bus you are picked up in **WILL NOT** be the bus that returns you to The Summit. Take all items with you and **do not leave any items on the bus.**
-  Show up dressed for the river on time at White Water Tent outside the Scott Visitor Center. \$.25 lockers are available there.



THINGS TO BRING

-  Swimwear
-  Closed toed shoes that can get soaking wet (available at Trading Post)
-  Sunscreen (available at Trading Post)
-  Any medications i.e. epinephrine pens, heart medications, etc.
-  Water Bottle with locking carabineer clip (available at Trading Post)

THINGS YOU MAY WANT TO BRING

-  Waterproof camera
-  Hat (available at Trading Post)
-  Sunglasses w/ strap (available at Trading Post)
-  Outdoor sports-wear w/ long sleeves (if sensitive to sun) NO COTTON NO DENIM (available at Trading Post)

THINGS YOU DO NOT NEED

-  Towel
-  Change of clothes

INFORMATION FOR ½ DAY WHITEWATER RAFTING.

TIME

AM Raft Electives should assemble at 7:30 AM ready to raft at the Whitewater Check-in Tent.

PM Raft Electives should assemble at the Whitewater Check-in Tent at **11:30 ready to go.**

½ day rating trip will qualify for the Whitewater Rafting Award. For more information go to https://filestore.scouting.org/filestore/pdf/Whitewater_Rafting_BSA_Application.pdf (please see notes for counselor on application) Patches available in our trading post.

INFORMATION FOR WHITE WATER MERIT BADGE

TIME

AM Raft Electives should assemble at 7:30 AM ready to raft at the whitewater check-in tent.

Whitewater merit badge does not qualify for rafting award. Rafting award is completed in a raft whereas WW merit badge is completed in a kayak or canoe. (Kayaks and Canoes can be inflatable and will be an inflatable Kayak for this trip.) Kayak MB is a pre required for the WW MB.

SUMMIT CORE VALUES

The Summit Bechtel Reserve is home to the Paul R. Christen National High Adventure Base, The James C. Justice National Scout Camp, and the Thomas S. Monson Leadership Excellence Complex. These are three distinct operations but throughout these various programs, participants will be exposed to a set of core values important to The Summit, Scouting and Life.

ADVENTURE

Adventure lies in the new, the unknown and the challenging. The wide variety of activities available at The Summit in our adventure areas, Action Point and the neighboring New River Gorge will provide the chance for all participants to do something they have never done before or reach new heights in an activity they already enjoy. The facilities at The Summit were designed to meet many different ability and experience levels.

SERVICE

“A Scout is Helpful.” As with all the BSA National High Adventure Bases each unit may spend part of one of their days at The Summit in cheerful service on a conservation/service project on The Summit site, the New River Gorge or a nearby community. Review the Service project section in the Planning Guide for more details on the service project program. Remember, with recreation comes responsibility.

SUSTAINABILITY

Sustainability describes a way of planning and operating that balances environmental stewardship, economics and educates people to ensure that what you do today can be sustained into the future. The Summit Sustainability Award program includes the Sustainability Treehouse, a self-contained structure demonstrating sustainable practices located near Action Point. The Award program also involves discussion topics and other requirements for the unit to complete. Those that complete the program will be able to purchase an award patch at The Summit’s Trading Post. (See appendix for details on The Summit Sustainability Award.)

LEADERSHIP

Each unit will operate under the direction of a Youth Crew Leader or Senior Patrol Leader assisted by the Chaplain’s Aid and Outdoor Ethics Guide. Adult advisors and Scoutmasters are here to guide and help but not to lead the group. Keep in mind that leadership is more than just having a specific position or title. All participants will get the chance to improve their leadership skills. Summit programs and activities are designed to foster the development of important leadership characteristics for all participants: self-confidence, sound decision-making skills, and a commitment to living the ideals of Scouting.

SUMMIT STAFF DIRECTORY

Below is a listing of full-time staff at The Summit that can help you with questions related to your experience at The Summit. **Everyone can be reached by phone at our main number 304-465-2800 during regular business hours 8 AM to 5 PM Monday through Friday.** This is not an entire list of the full-time staff, but this is a list of those who will mostly likely be able to answer the questions you have about your trip to The Summit.

ASSOCIATE DIRECTOR OF OUTDOOR ADVENTURES

For specific questions about program equipment and activities, contact one of the program managers of the six Summit activity families: Aerial Sports, Aquatic Sports, Hunters Education, Shooting Sports, Wheeled Sports, and the James C. Justice National Scout Camp.

David Homce

Email Address David.Homce@Scouting.org

Programs Pack and Paddle Experience

Activities Climbing, rappelling, canopy tours, zip lines and challenge courses.

Isaac Colvard

Email Address Isaac.Colvard@Scouting.org

Programs River Experience

Activities Lake kayaking, river kayaking, white water rafting, stand up paddle boarding and the Water Reality Obstacle Course

Chris Perkins

Email Address Chris.Perkins@Scouting.org

Programs Crafton Sportsman Complex

Activities Hunting, Firearm Safety, Shooting Simulations (Laser Shot), Hunter Education Certification (See Trainings – Summit Bechtel Reserve Hunter Education Program)

Vacant

Email Address

Programs Marksman Experience

Activities Shotgun, rifle, pistol, and archery.

Thom Merkle

Email Address Thom.Merkle@Scouting.org

Programs Polaris ATV Experience/Bikepacking Experience

Activities Cross-country and Downhill Mountain biking, biking, skateboarding

Wally Lester

Email Address Walter.Lester@Scouting.org

Programs Scout Camp, Summit Experience

Activities Merit Badges

RESERVATION INFORMATION

For questions on your reservation, payments, paperwork, etc. contact our registration team:

Cristi Richardson Registrar

Camela Rodgers Registration Coordinator

E-mail Address Summit.Program@Scouting.org

The Registration team is the administrator for this e-mail address which you have seen throughout this guide.

DIRECTOR OF OUTDOOR ADVENTURES

Matthew Reineck

E-mail Address Matthew.Reineck@Scouting.org

Programs The director ultimately responsible for all Summit Programs.

THE SUMMIT SUSTAINABILITY AWARD

Each participant at The Summit can earn The Summit Sustainability Award. There are five requirements to earn this award. Two of the requirements include documenting things, and one includes sharing those documentations. Documentations can be anything from a picture or video to a journal entry. (If your documentation is something you can post online, do it! The Summit has Wi-Fi!) We encourage you to earn this award while at the Summit and take what you learned to all your future endeavors.



THE SUMMIT SUSTAINABILITY AWARD REQUIREMENTS:

- 🐾 Your unit's Outdoor Ethics Guide must attend the Outdoor Ethics meeting held on arrival day.
 - (Only the unit Ethics Guide must complete this requirement.)
- 🐾 Tour the Sustainability Treehouse and document at least five things that you learned. Write a pledge on the top of the Sustainability Treehouse (metal tags).
- 🐾 Throughout your stay at The Summit practice the seven principles of Leave No Trace, document at least one example of each principle.
- 🐾 Share the things you have documented with your troop/crew and ask them to share what efforts they have made to be sustainable either at The Summit or at home.
- 🐾 Complete at least three hours of a service project during your stay at The Summit.

To purchase The Summit Sustainability Award from the trading post the following members must certify the # of unit participants who have completed the requirements:

EXPEDITION # _____

NUMBER OF MEMBERS WHO HAVE COMPLETED THE REQUIREMENTS _____

Outdoor Ethics Guide Signature _____ Date _____

Crew Leader/SPL Signature _____ Date _____

Adult Leader Signature _____ Date _____

Shipping Address If Needed, please print:

SWIM TEST MASTER LIST

Expedition #: _____ Unit #: _____

UNIT LEADER INSTRUCTIONS: All participants must complete a BSA Annual Swim test to participate in Summit programs. Use form 430-122 (<http://www.scouting.org/filestore/Outdoor%20Program/Aquatics/pdf/430-122.pdf>) for swim test instructions, supervision requirements, and to record the results.

If your unit will not be completing the swim test at the same time and location, you can use this form to consolidate swim test results as follows:

- 1) Provide each youth and adult participant a copy of Form 430-122.
- 2) Each participant completes the prescribed swim test under qualified supervision. (see Form 430-122)
- 3) Collect forms from all youth and adult participants. Transfer the results to this master sheet.
- 4) File the original swim test records with your unit records and bring this form with you to the Summit.

The following participants **are classified as BSA SWIMMERS**. DO NOT list non-swimmers or beginner swimmers on the list below. Date of swim test MUST be within one year of participation.

	FULL NAME (PRINT)	DATE OF SWIM TEST
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

Please list Beginners and Non-Swimmers on the back

The following participants **are classified** non-swimmers or beginner swimmers on the list below. DO NOT list BSA swimmers below.

	FULL NAME (PRINT)	DATE OF SWIM TEST	✓ BEGINNER SWIMMER	✓ NON- SWIMMER
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

I certify that the BSA Swim Test results on this form are an accurate representation of the signed swim test forms (430-122) that have been provided by unit participants and that these forms are filed with the unit records. I understand that the Summits Aquatics Director may, at his or her discretion, re-test any participant.

Print

Date

Sign

TRANSPORTATION TO THE SUMMIT

The Summit does not endorse specific transportation companies. The information provided below is for your information. This does not constitute a complete list of companies who may provide the transportation services that you require.

The Summit Bechtel Reserve is in Glen Jean, WV near the city of Beckley, WV. The Summit is convenient to major interstate highways (I-77 and I-64) via SR-19. Please note that I-64/I-77 between Charleston and Beckley is a toll road with two fee stations (fees will range between \$0.75 - \$4.00/vehicle depending on the plaza and are subject to change).

For more information on EZ-Pass, please visit:
<https://transportation.wv.gov/Turnpike/EZPass/Pages/default.aspx>

TOURIST INFORMATION

For units that want to add additional activities at the beginning or end of their experience, West Virginia has many recreational activities and historic sites. Information about these locations and activities can be found at www.wvtourism.com.

AIR TRANSPORTATION

- ✎ **Yeager Airport (CRW), Charleston, WV, 75 min**
 - Service from US Air (Charlotte, Washington Reagan), American (New York, Chicago), United (Houston, Chicago O'Hare, Washington Dulles), Delta (Atlanta, Detroit) and Spirit (Ft. Lauderdale, Myrtle Beach).
- ✎ **Beckley Raleigh County (BKW), Beckley, WV, 20 min**
 - VIA Air to Charlotte Douglas Airport (CLT), Charlotte NC
- ✎ **Greenbrier County (LWB), Lewisburg, WV, 65 min**
 - VIA Air to Charlotte Douglas Airport (CLT), Charlotte NC
- ✎ **Charlotte Douglas (CLT), Charlotte, NC, 3.5 hours**
 - Most major airlines
- ✎ **Pittsburgh International Airport (PIT), Pittsburgh PA. 4 hours**
 - Most major airlines

GROUND TRANSPORTATION

- ✎ **WEST VIRGINIA CHARTER BUS COMPANIES**
 - Spring Valley Charter – (304) 733-4074 – springvalleybus@aol.com
 - Chandler Limousine Service (15 passenger vans). Services Yeager Airport and Prince Amtrak station. 1-304-345-5434 or 1-800-779-5434. www.chandlerslimo.com.
- ✎ **COMMERCIAL BUS CARRIERS**
 - Greyhound Bus Lines – www.greyhound.com (Beckley, WV)
- ✎ **VEHICLE RENTAL**
 - Avis – www.avis.com (CRW, BKW, LWB, CLT)
 - Enterprise – www.enterprise.com (CRW, BKW, LWB)
 - Hertz – www.hertz.com (CRW, BKW, LWB, CLT)
 - National/Alamo – www.nationalcar.com (CRW, LWB, CLT)
 - Budget -- www.budget.com (CRW, LWB, CLT)
 - Alamo – www.alamo.com (CRW, CLT)

NOTE Enterprise Rent-a-car has a vehicle drop at SBR's Ruby Welcome Center. Depending on circumstances, some groups find it advantageous to turn in their rental on arrival at SBR and then, pick-up a rental on departure day. Various factors will determine whether this option is more economical for you. To talk to an Enterprise representative familiar with SBR, we suggest calling the **Harper Road office in Beckley, WV – (304) 929- 2445**. This must be arranged manually with that office you will not find the option to turn in the vehicle at The Ruby Welcome Center on the Enterprise website.

TOUR COMPANIES

If you want to schedule other activities as part of your trip to the Summit, these tour companies have experience providing travel, accommodations, and sightseeing activities in conjunction with SBR events, including the National Scout Jamboree. *(see next page)*

- 🐾 Soaring Eagle Tours <http://soaringeagletoours.com/>. Providing tour packages from Charlotte to The Summit.
- 🐾 Blue Sky Adventures- <http://www.blueskyadventures.net/>. Providing tour packages from Charlotte to The Summit, as well as Pittsburgh to The Summit.

RAIL TRANSPORTATION

Amtrak (www.amtrak.com) offers passenger service to the Prince, WV station located about 30 minutes from The Summit. The station is part of the Cardinal Line that runs between New York City and Chicago.

Note that service occurs on alternating days and may require either an early arrival or late departure from SBR.

- 🐾 Because of the proximity of the Prince train station The Summit will provide transportation from the train station to The Summit and back to the station at the end of your unit's experience.

PRIVATE VEHICLES

This method of transportation should be used only with full assurance that the vehicles are safe, and the drivers are reliable. Make sure there is adequate insurance coverage for each vehicle. Adhere rigidly to the Tour Plan requirements. **The Summit is not responsible for vehicles parked in parking areas.**

EMERGENCY TRANSPORTATION

The Summit will assist with transportation arrangements when a family, work or other emergency occurs during a Summit program requiring a participant to return home, or if a participant must return home for medical reasons. Participants may be required to reimburse The Summit for any transportation services provided, including transportation to a required airport.

APPROXIMATE WALKING TIMES – HIGH ADVENTURE

TIME DENOTED IN MINUTES AND BASED ON 3.5MPH PACE

CODE	AREA	BARE	BARW	BOW	CAN	KAY	LG	HG	PARK	ROCK	ROPE	TRAX	BZIP	BCA	BCB	BCC	BCD	BCE	BCF	AP	BC	HL	SVC	TPTS	GGM
	ADVENTURE AREAS																								
BARE	The Barrels (East end)	0	10	20	70	50	50	70	30	60	50	35	70	65	65	55	45	65	50	55	45	40	40	50	125
BARW	The Barrels (West end)	10	0	10	80	55	60	80	20	70	55	30	80	70	70	50	35	55	40	60	35	50	50	40	130
BOW	The Bows	20	10	0	70	50	60	80	15	60	55	20	75	60	60	40	25	45	30	55	25	40	40	30	120
CAN	The Canopy	70	80	70	0	40	50	60	65	50	45	75	60	10	10	45	55	90	75	20	45	35	30	40	70
KAY	Kayak at Lake B	50	55	50	40	0	15	40	45	10	15	55	40	25	35	25	35	60	55	25	25	10	15	20	85
LG	Low Gear	50	60	60	50	15	0	55	50	20	5	60	55	35	45	35	40	60	55	35	35	20	20	30	95
HG	High Gear	70	80	80	60	40	55	0	70	50	45	80	5	50	60	55	60	80	75	55	55	40	40	50	110
PARK	The Park	30	20	15	65	45	50	70	0	55	55	10	70	50	50	30	15	35	20	45	20	35	35	25	110
ROCK	The Rocks	60	70	60	50	10	20	50	55	0	20	60	50	35	40	35	40	60	60	35	35	20	20	30	95
ROPE	The Ropes	50	55	55	45	15	5	45	55	20	0	60	45	35	40	30	40	55	55	30	30	15	15	25	95
TRAX	The Trax	35	30	20	75	55	60	80	10	60	60	0	75	55	55	35	20	40	25	55	30	45	40	35	115
BZIP	The Zip (Big Zip) Launch	70	80	75	60	40	55	5	70	50	45	75	0	50	60	50	60	80	75	50	50	35	40	45	110
	BASE CAMPS																								
BCA	Base Camp A	65	70	60	10	25	35	50	50	35	35	55	55	0	10	35	45	65	60	10	30	25	25	25	60
BCB	Base Camp B	65	70	60	10	35	45	60	50	40	40	55	60	10	0	35	45	65	60	10	30	25	25	25	70
BCC	Base Camp C	55	50	40	45	25	35	55	30	35	30	35	50	35	35	0	15	35	30	30	25	15	15	25	95
BCD	Base Camp D	45	35	25	55	35	40	60	15	40	40	20	60	45	45	15	0	20	15	35	10	25	25	15	110
BCE	Base Camp E	65	55	45	90	60	60	80	35	60	55	40	80	65	65	35	20	0	20	55	30	45	40	35	125
BCF	Base Camp F	50	40	30	75	55	55	75	20	60	55	25	75	60	60	30	20	20	0	40	25	40	40	30	120
	SUMMIT CENTER																								
AP	Action Point/Consol Bridge	55	60	55	20	25	35	55	50	35	30	55	50	10	10	30	35	55	40	0	30	15	15	25	70
BC	Boulder Cove	45	35	25	45	25	35	55	20	35	30	30	50	30	30	25	10	30	25	30	0	15	15	5	90
HL	Health Lodge	40	50	40	35	10	20	40	35	20	15	45	35	25	25	15	25	45	40	15	15	0	5	15	85
SVC	Scott Visitor Center	40	50	40	30	15	20	40	35	20	15	40	40	25	25	15	25	40	40	15	15	5	0	10	80
TPTS	Twelve Points	50	40	30	40	20	30	50	25	30	25	35	45	25	25	25	15	35	40	25	5	15	10	0	85
GGM	Garden Ground Mtn (Central)	125	130	120	70	85	95	110	110	95	95	115	110	60	70	95	105	125	120	70	90	85	80	85	0

Note: Adjust time for slower hikers, warm/humid weather and/or hikers unaccustomed to hiking at 2,000 ft elevation

APPROXIMATE WALKING TIMES – JUSTICE SCOUT CAMP

TIME DENOTED IN MINUTES AND BASED ON 3.5MPH PACE

Walking Times in Minutes*	Pigott HQ	Outdoor Skills- C2	Fish Camp	Sust. Treehouse	Tillerson- Ecology	Crafton Sportsman Complex	Action Point/ Harvey	BB&T Point Lakeside Amphitheater	Twelve Points Plaza	Brownsea Island	Boulder Cove	Scout Camp Aquatics	Delta Pavillion	Scout Camp Archery	Scout Camp Rifle
Pigott HQ		8.5	17	24.5	27	29.5	34.5	26	23	18	17.5	15.5	8	10	16
Outdoor Skills- C2	8.5		8.5	16	18.5	21	26	14.5	17.5	24	24	21.5	16	18.5	24.5
Fish Camp	17	8.5		7.5	10	12.5	17.5	6.5	9.5	15.5	16.5	23	24.5	27	33
Sust. Treehouse	24.5	16	7.5		2.5	5	10	8	11	17	18	24.5	26	34.5	40.5
Tillerson- Ecology	27	18.5	10	2.5		5	10	10.5	13.5	19.5	20.5	27	28.5	37	43
Crafton Sportsman Complex	29.5	21	12.5	5	5		5	13	16	22	23	29.5	31	39.5	45.5
Action Point/ Harvey	34.5	26	17.5	10	10	5		18	21	27	28	34.5	36	44.5	51.5
BB&T Point Lakeside Amphitheater	26	14.5	6.5	8	10.5	13	18		3	9	10	16.5	18	36	42
Twelve Points Plaza	23	17.5	9.5	11	13.5	16	21	3		6	7	13.5	15	33	39
Brownsea Island	18	24	15.5	17	19.5	22	27	9	6		2	9.5	11	28	34
Boulder Cove	17.5	24	16.5	18	20.5	23	28	10	7	2		8.5	10	27.5	33.5
Scout Camp Aquatics	15.5	21.5	23	24.5	27	29.5	34.5	16.5	13.5	9.5	8.5		7.5	25.5	31.5
Delta Pavillion	8	16	24.5	26	28.5	31	36	18	15	11	10	7.5		18	24
Scout Camp Archery	10	18.5	27	34.5	37	39.5	44.5	36	33	28	27.5	25.5	18		6
Scout Camp Rifle	16	24.5	33	40.5	43	45.5	51.5	42	39	34	33.5	31.5	24	6	

*Walking times are approximate and depend on your personal speed and the route you take

WILDLIFE AND OTHER NATURAL HAZARDS

WARNING:

THERE IS TO BE NO FOOD, SODA, SMELLABLES ETC. STORED IN ANY TENT OVERNIGHT. ALL FOOD MUST BE CONSUMED OR PLACED IN A TRASH CONTAINER EACH EVENING.

WILDLIFE AT THE SUMMIT

The Summit is home to a variety of wildlife and natural hazards. All participants and staff need to be alert to these hazards and know what to do in the event of a wildlife situation. Never feed any wild animals and maintain a safe distance even from seemingly harmless animals. While here, participants will get a chance to see deer, turkey, reptiles, fish, birds, insects, and other creatures. While far less commonly spotted, black bears are present on the site. Respect for wildlife and the habitat we share with them at The Summit is important during your stay. A crucial part of keeping a positive relationship to the wildlife at The Summit is how we store and handle food at camp. Any food should be secured in a personal vehicle or with Summit staff. The Summit has secure storage for shelf stable supplemental food. Please alert staff upon check-in that you have food that needs secured.

GARBAGE AT THE SUMMIT

Throughout the site you will see trash receptacles designed to be bear proof. Please use these to dispose of any garbage you may have and use recycling receptacles as indicated for items able to be recycled. All garbage must be placed in dumpsters at the end of each evening.

NOTE Do not deposit food waste into shower house trash receptacles as they ARE NOT bear proof and will bring unwanted bear activity into your campsite.

POTENTIAL WILDERNESS HAZARDS INCLUDE:

- | | | |
|-------------------------------|---------------|---|
| 🐾 Copperheads | 🐾 Black Bears | 🐾 Stinging insects (Biting Flies and Mosquitoes.) |
| 🐾 Eastern Timber Rattlesnakes | 🐾 Deer Ticks | 🐾 Poisonous plants |
| 🐾 Water Moccasins | | |

SNAKES

Avoid tall grassy areas, areas with surface rock, and wet areas. Stay on trails. Do not approach any snake and treat all snakes as poisonous. If bitten, have the victim lay prone and rest quietly to reduce the spread of venom. Bitten areas should be kept in a neutral position at the level of the heart. If possible, attempt to identify the type of snake.

BEARS

In the event a bear is encountered, attempt to leave the area. Do not under any circumstances approach a bear or go between a bear and bear cubs. Do not attempt to feed bears. If a bear approaches, make noise and wave your arms to scare it off. If the bear charges it may be necessary to fight back to avoid serious injury. **All bear sightings should be reported immediately to the SOC 304.465.2900 and all personnel removed from the immediate area of the sighting.**



RABIES CARRYING ANIMALS

Raccoons and other commonly observed small animals are known to carry rabies. Never attempt to approach any animal and report any animal acting in a strange manner, especially if the animal is unnaturally aggressive, to the SOC.

DEER TICKS

Deer ticks are known to carry Lyme disease. They can be found in grassy as well as wooded areas. While ticks are often hard to detect in the woods, they can be located by carefully checking clothes, skin, and hair. A tick check should be performed several times a day and whenever leaving tick habit. Remove ticks from clothing but seek medical assistance in removing ticks embedded in the skin or hair.



SUMMIT WILDLIFE HAZARDS

COPPERHEADS

Copperheads are usually colorful and strikingly patterned snakes. They derive their name from the copper-like coloring of the head. The background color of the back and sides is tan to pinkish. There are darker, chestnut-colored bands across the back and sides. Each band is of varying width, often described as hourglass shaped. Newborn Copperheads are colored and patterned like adults, excepting the last inch or so of the tail which will be a bright, sulfur yellow color. Adults are usually in the range of 24 to 36 inches in length, although specimens of greater than 42 inches are not rare. Copperheads eat small rodents, birds, lizards, snakes, amphibians, and insects.

Copperheads are venomous, pit vipers. They account for more cases of venomous snake bite than any of our other species. Fortunately, their venom is the least toxic of the species. Bites from Copperheads are very seldom fatal; however, a bite may still produce serious consequences.

Copperheads can be found in most all habitats, although they often prefer to be near streams and other waterways. They may be found on hilltops or lowlands. It is not unusual for them to be found in forested or undeveloped areas within and near suburban developments. Copperheads prefer habitats with lots of vines, vegetation and/or debris. Their coloration and patterning are very effective for camouflage in dead leaves on the forest floor. Copperheads rely upon camouflage and cover for safety.

When danger is perceived, Copperheads will usually freeze in place and remain motionless for the threat to pass. This strategy works well in their natural habitat. Unless a person steps on them, grasps them, or otherwise comes very, very close to them, Copperheads will not usually bite. However, the bite will be readily used as a last defense. An agitated Copperhead will vibrate its tail rapidly. The relative abundance of Copperheads and their occurrences near human habitations is the reason bites from Copperheads are at the top of venomous snake bite statistics in the eastern US.



EASTERN TIMBER RATTLESNAKE

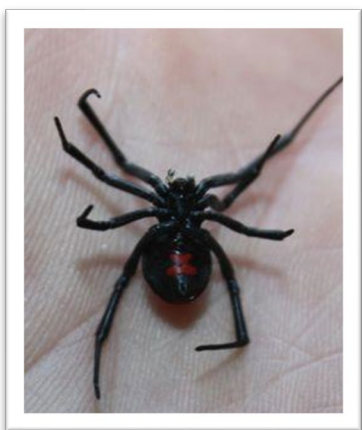
Timber rattlesnakes are secretive and passive animals. Timber rattlesnakes are thick-bodied snakes which may reach a length of five feet. Their diet consists primarily of small mammals but may also include birds and eggs.

Rattlesnakes buzz or rattle only to warn approaching humans and predators. They assume a defensive posture or coil their bodies with a raised head and tail when they feel threatened. Similarly, they strike when feeding or as a defense and will retreat if possible.

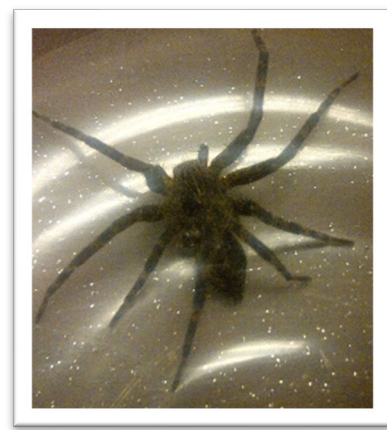
Timber rattlesnakes often remain unnoticed due to their cryptic colors and camouflage patterns. In such instances, their secretive nature and passive behavior allow humans and predators to pass without interference. Most reported bites result from disregarding defensive displays and unnecessarily provoking the rattlesnake. Unexpected encounters with timber rattlesnakes are best avoided by employing a watchful eye in forest settings and by stepping carefully when in timber rattlesnake habitat.



SPIDERS



Black Widow Spider



Brown Recluse Spider