

BIKEPACKING PACKING LIST

EQUIPMENT LIST: These items will fit into your Dry Bag or Day Use Dry Bag.

Code:

*- available at trading post

S- Share with buddy

F-Female participants

O- Optional

EQUIPMENT	QTY	COMMENTS	Codes	Check
Personal Clothing				
lightweight hat	1	for cool mornings and nights	O	
socks	2-3 pairs	Cycling specific socks are nice, but other thin wool or synthetic socks will do	*	
underwear	3	Moisture wicking, no cotton or nylon	*	
base layer	1	Moisture wicking, no cotton or nylon		
camp pants	1	lightweight, no heavy jeans	*, O	
cycling/chamois shorts	1-2	One or both, may be built together. Chamois are highly encouraged.		
rain pants	1	lightweight and sturdy, cycling specific is nice, but not necessary	*	
rain jacket	1	cycling specific is nice but not necessary	*	
lightweight mid-layer	1	wool or fleece pullover	*	
shirt - short sleeve	2	moisture wicking, no cotton	*	
sports bra	2	synthetic or wool	F	
cycling gloves	1 pair	full finger encouraged		
Personal Sleep System				
sleeping bag	1	less than 5 pounds packable in a compression sack	*	
sleeping pad	1	air or lightweight self-inflating, needs to roll or stuff instead of z-fold	O	
Footwear				
Flat-soled shoes	1	flat soled mountain bike shoes ideal, skate style shoes or sport trainers okay.		
Personal Equipment				
Backpacking style tent (2-person)	1	To be shared between 2 scouts. Light weight is best and consider YPT when pairing scouts		
hydration pack - 3 L bladder	1	Ideally a cycling specific hydration pack with capacity for at least 3 liters of water		
1-liter bottle	1	1 L or 32 oz. Water bottle, "Nalgene" style	*	
gal. zip lock bags	6-12	For organization and extra waterproofness		
small stuff sacks	2-3	pack/organize personal items	*, O	
bowl	1	deep bowl, lightweight material		
mug/cup	1	lightweight material	O	
spoon/spork	1	lightweight sporks are popular		
flashlight/headlamp	1	lightweight, durable, and extra batteries	*	
compass	1		*	
money	\$60			
lip balm	1	w/ SPF-25 or greater	*	
soap	1	Biodegradable	*, S	
toothbrush	1	trial size	*	
toothpaste	1	trial size	*, S	
deodorant	1	trial size		
camp towel	1	small, quick dry	*, O	

tampon/pads			*, F	
personal medication		enough for duration of trip		
sunglasses	1	durable and fit securely on face, need to stay on while riding over rough terrain	*	
watch	1		O	
camera	1	bring a memory card and extra batteries or a disposable camera	S	
whistle	1			
chamois cream/body powder	1		O	
notepad & pen	1		O	
Equipment Provided by Crew				
matches/lighter	3-4			
sewing repair kit	1			
backpacking stove	2-3	know how to use – 1 stove per 4 participants		
fuel bottle	2			
duct tape	1	small amount for trail repairs		*
spices		extra flavor for cooking	O	
nylon cord	3	50' x 1/8"		
sunscreen	2-3	SPF 25 or higher		*
insect repellent	2	no aerosol		*,
water purifiers/filters	1-2	optional	O	
multi-tool	1-2			
trowel/shovel	1			
toilet paper	1-2			
Issued By SBR				
map set	2			
Dining Fly	1			
nesting pot set	2-3			
cutlery kit	1			
hot pot tongs	1			
plastic trash bags	10			
water purification tablets 30 CT pack	10	1 tablet treats 1 L of water		
nylon rope 100' x 1/4"	1			
Water filter system	1	Mostly for emergencies, there is water at each campsite		
first aid kit	1			
red light	1	clip-on red blinking rear taillight w/ batteries		
Bike & set of bikepacking bags	1 per person	Bringing your own equipment is allowed, but please contact Wheeled Sports Program manager first		
Helmet	1 per person			