

## Brown Sea Island SAMPLE SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Session	Patrol Method Patrol Name COPE Games Flag Etiquette	First Aid MB	Big Zip	Swimming MB	Food Safety Meal Planning Cooking
Lunch					
Afternoon Session	Weather Emergency Preparedness Fitness	First Aid MB	Orienteering Treehouse Visit Plants and Animals	Swimming MB	Knots, Rope, and Lashings  EDGE Method
Dinner					
Evening Session	Appalachian Celebrachian	Chits (Optional) Summit Center Activities	Summit Center Activities	Open Rank Advancement (Optional) Summit Center Activities	Summit Center Activities

\*Please note that this is just a sample, the scheduled days are subject to change but all topics will be covered at some point during the week.