



Suggested Packing List for the Summit Experience

Packs/Bags

___ Duffel, hiking backpack, suitcase, or footlocker	1
___ Daypack	1
___ Gallon zipping bags	3-5
___ Small stuff sacks	3-4
___ Toiletry bag	1

Clothing

___ T-shirts (short-sleeve)	2-3
___ T-shirts (long-sleeve)	1-2
___ Shorts	1-2
___ Long pants	1-2
___ Sweater or jacket	1
___ Underwear	4-5
___ Socks	4-5
___ Rain jacket	1
___ Swimwear	1
___ Baseball/wide-brim hat	1
___ Sleeping clothes, set	1

Footwear

___ Hiking boots	1
___ Sneakers/tennis shoes (low-rise shoes required)	1
___ Water shoes	1
___ Camp shoes	1

Crocs recommended only for camp wear.

Sleeping Gear

___ Sleeping bag (rated for between 30-50°F)	1
___ Sleeping pad (cots provided)	1
___ Small pillow	1

Trading Post

___ Money (\$60-150)	
----------------------	--

Toiletries

___ Soap	1
___ Shampoo	1
___ Toothbrush	1
___ Toothpaste	1
___ Sunscreen	1
___ Lip balm	1
___ Foot powder	1
___ Hand sanitizer	1
___ Personal medications	
___ Tampons/pads (f)	3-5
___ Towel	1-2

Camping Gear

___ Water bottle (reusable)	1-2
___ Locking carabiner	1
___ Small pocketknife	1
___ Flashlight/headlamp	1
___ Bandana	1
___ Insect repellent	1
___ Personal first-aid kit	1
___ Camp chair	1

Miscellaneous

___ Sunglasses	1
___ Watch	1
___ Camera	1
___ Whistle	1
___ Notepad/pen	1
___ Extra batteries/charging cables	
___ Patches to trade	

Provided by the Summit

___ Tent (approx. 9'x 9')	
___ Cot (76.75" long x 33.25" wide x 18.25" tall)	
___ Dining canopy	
___ Picnic tables	

Note: Every individual may not need every item listed here to successfully participate in the Summit Experience, while others will want to bring items not listed here to ensure the best and most comfortable experience possible. Please contact Onsite Programs Manager Johnny Tracy, at 901-489-6027 or johnny.tracy@scouting.org, with any questions. *Updated 4 September 2025.*

