

BREAKFAST

 **VEGETARIAN**  **GLUTEN FREE**  **DAIRY FREE**







AVAILABLE EVERY DAY AT THE OPTIONS BAR

OATMEAL | GRITS | CEREAL | FRUIT



SUNDAY

SCRAMBLED EGGS
SAUSAGE LINKS
CINNAMON ROLL

  SCRAMBLE EGG ALT
 SAUSAGE
 CINNAMON ROLL

MONDAY

CHEESY EGGS
BISCUIT
BACON
SEASONED HOME FRIES

  SCRAMBLE EGG ALT
 SAUSAGE
 BISCUIT

TUESDAY

SCRAMBLED EGGS
SAUSAGE LINKS
FRENCH TOAST
FRUIT TOPPING/SYRUP

  SCRAMBLE EGG ALT
 SAUSAGE
 SWEET ROLL

WEDNESDAY

WESTERN SCRAMBLED
BACON
BISCUIT
SEASONED HOME FRIES

  SCRAMBLE EGG ALT
 SAUSAGE
 BISCUIT

THURSDAY

SCRAMBLED EGGS
SAUSAGE LINKS
PANCAKES
FRUIT TOPPING/SYRUP

  SCRAMBLE EGG ALT
 SAUSAGE
 PANCAKES

FRIDAY

SCRAMBLED EGGS
SAUSAGE LINKS
BISCUITS AND GRAVY
SEASONED HOME FRIES

  SCRAMBLE EGG ALT
 SAUSAGE
 BISCUITS AND   GRAVY

SATURDAY

CHEESY EGGS
BACON
BISCUIT
SEASONED HOME FRIES

  SCRAMBLE EGG ALT
 SAUSAGE
 BISCUIT

LUNCH

 **VEGETARIAN**  **GLUTEN FREE**  **DAIRY FREE**

AVAILABLE EVERY DAY AT THE SALAD BAR

MIXED SALAD | TOMATOES | PEPPERS | CUCUMBERS | CARROTS
GARBANZO BEANS | PEACHES | SHREDDED CHEESE | COTTAGE CHEESE
PEPPERONI | CROUTONS | ASSORTED DRESSINGS

SUNDAY

HOT DOG
CHILI & CHEESE
MAC N CHEESE
SUGAR COOKIE

 HOT DOG
  SOY CHILI
 PASTA
CHICKEN NOODLE SOUP

MONDAY

CHEESEBURGER
BAKED BEANS
BURGER TOPPINGS
CHOC. CHUNK COOKIE

 BLACK BEAN BURGER
 SEASONED FRIES
 ROASTED POTATOES
TOMATO BISQUE SOUP

TUESDAY

BBQ PORK SANDWICH
COLE SLAW
OATMEAL RAISIN COOKIES

  BBQ JACKFRUIT
TATOR TOTS
CORN
MINESTRONE SOUP

WEDNESDAY

PHILLY CHEESE STEAK
STEAK FRIES
PEPPERS & ONIONS
M&M COOKIES

  VEG. HOAGIE
BROCCOLI CHEDDAR SOUP

THURSDAY

CHICKEN SANDWICH
LETTUCE, TOMATOS
& PICKLES
CHOC. CHUNK COOKIES

 CHICKEN SANDWICH
  KETTLE CHIPS
CHICKEN NOODLE SOUP

FRIDAY

PEPPERONI/CHEESE PIZZA
STEAMED CARROTS
LEMON WHITE CHOC.
CHUNK COOKIES

  CHEESE PIZZA
 CHICKEN WINGS
 CHICKEN WINGS
TOMATO BISQUE

SATURDAY

CHICKEN TENDERS
MAC N CHEESE
CORN
CHOC. CHIP COOKIES

  GRILLED CHICKEN
   SEASONED NOODLES
BROCCOLI CHEDDAR SOUP

DINNER

 **VEGETARIAN**  **GLUTEN FREE**  **DAIRY FREE**

AVAILABLE EVERY DAY AT THE SALAD BAR

MIXED SALAD | TOMATOES | PEPPERS | CUCUMBERS | CARROTS
GARBANZO BEANS | PEACHES | SHREDDED CHEESE | COTTAGE CHEESE
PEPPERONI | CROUTONS | ASSORTED DRESSINGS

SUNDAY

FRIED CHICKEN
GREEN BEANS
DINNER ROLL
M&M COOKIES

  **GRILLED VEG CHICKEN**
  **PARSLEY POTATOES**
 **DINNER ROLL**
MASHED POTATOES & CHKN GRAVY

MONDAY

GIANT PEPPERONI ROLL
STEAMED MIXED VEGGIES
ICE CREAM SANDWICH

  **PIZZA**
  **KETTLE CHIPS**

TUESDAY

BEEF SOFT TACOS
SOUR CREAM
LEMON WHITE CHOC.
CHUNK COOKIES

 **TEX MEX QUINOA TACOS**
  **SPANISH RICE**
  **REFRIED BEANS**

WEDNESDAY

CHICKEN FRIED RICE
VEGGIE SPRING ROLL
CHOC. CHIP COOKIES

  **TOFU FRIED RICE**
STEAMED ASIAN VEGGIES

THURSDAY

PASTA STUFFED SHELLS
GREEN BEANS
GARLIC BREAD
SUGAR COOKIES

 **MEAT SAUCE**
 **MARINARA SAUCE**
 **GARLIC BREAD**

FRIDAY

CHICKEN PASTA ALFREDO
ROASTED BROCCOLI
DINNER ROLLS
OATMEAL RAISIN COOKIES

  **CHICKEN PASTA**
 **CHICKEN PASTA**
 **DINNER ROLL**

SATURDAY

BEEF TIPS & GRAVY
EGG NOODLES
DINNER ROLLS
ASSORTED COOKIES

 **BEEF TIPS**
  **PASTA**
 **DINNER ROLLS**
CALI BLEND VEGGIES