

Dietary Accommodations at The Summit Bechtel Reserve (SBR)

SBR is a nut-free facility and none of our meals include nuts, including peanuts and tree nuts.

With advance notice, both dining halls can accommodate the following dietary restrictions.

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| <ul style="list-style-type: none"> • Dairy • Egg • Fish • Gluten or Wheat Intolerance | <ul style="list-style-type: none"> • Halal • Kosher • Sesame • Shellfish | <ul style="list-style-type: none"> • Soy • Vegan • Vegetarian |
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For trek meals, **with advance notice**, SBR is able to accommodate **vegetarian** and **gluten-free** dietary restrictions only.

Pack-out bag meals cannot accommodate any dietary restrictions.

| Program | Dining Hall Meals | Trek Meals | Pack Out Bag Meals |
|--|--|---|---|
| ATV | Arrival day dinner, 4 th day dinner, 5 th day breakfast, 6 th day dinner, and departure breakfast | 2 nd day breakfast and dinner, 3 rd day breakfast and dinner, 4 th day breakfast, and 5 th day dinner | 2 nd day lunch, 3 rd day lunch, 4 th day lunch, 5 th day lunch, 6 th day breakfast and lunch |
| Marksman | Breakfast and Dinner (daily) and 6 th day lunch (2 nd day through 6 th day breakfast are delivered to the Marksman area from the dining hall) | All lunches except for 6 th day lunch | NOT USED |
| NAYLE Faculty Week One | Arrival day dinner (Saturday), 1 st day breakfast and lunch (Sunday). 2 nd day breakfast and lunch (Monday), 3 rd day breakfast (Tuesday), 5 th day breakfast (Thursday), 6 th day breakfast (Friday), 7 th day all meals (Saturday) | 1 st day dinner (Sunday), 2 nd day dinner (Monday), 4 th day dinner (Wednesday), 5 th day dinner (Thursday), and 6 th day dinner (Friday) | 3 rd day lunch and dinner (Tuesday), 4 th day breakfast and lunch (Wednesday), 5 th day lunch (Thursday), and 6 th day lunch (Friday) |
| NAYLE Faculty Week Two & NAYLE Students | Arrival day dinner (Saturday), 1 st day breakfast and lunch (Sunday). 2 nd day lunch (Monday), 4 th day breakfast (Wednesday), 5 th day dinner (Thursday), 6 th day breakfast (Friday), departure day breakfast (Saturday) | 1 st day dinner (Sunday), 2 nd day breakfast and dinner (Monday), 3 rd day breakfast and dinner (Tuesday), 4 th day dinner (Wednesday), and 6 th day dinner (Friday) | 3 rd day lunch (Tuesday), 4 th day lunch (Wednesday), 5 th day breakfast and lunch (Thursday), and 6 th day lunch (Friday) |
| New River | Arrival day dinner, 2 nd day breakfast, 6 th day lunch and dinner, and departure breakfast | 2 nd day lunch through 5 th day dinner | 6 th day breakfast |
| Pack and Paddle | Arrival day dinner, 6 th day dinner, and departure breakfast | 3 rd day dinner | 2 nd day lunch and dinner, 3 rd day breakfast and lunch, 4 th day all meals, 5 th day all meals, 6 th day breakfast |
| Scout Camp | All Meals | N/A | Lunch for buy-up programs only |
| Summit Experience | Breakfast and Dinner (daily) | N/A | Lunch (daily) |

Program Note (Rafting Lunches): *New River, Pack-n-Paddle, and Summit Experience programs include a full-day whitewater rafting trip with lunch provided by the river outfitter.*

For any dietary needs beyond those listed—or for guests with severe restrictions—please bring your own **shelf-stable, portable** food items to ensure your needs are fully met.

For detailed meal information, including ingredient lists, click [HERE](#).

If you have additional questions, contact our Food Service Manager, Nate Thomas, at **304-640-4898**.