

RIVER TREK

A FULL LIST OF INGREDIENT ON EACH ITEM IS AVAILABLE UPON REQUEST.



 **VEGETARIAN ALT AVAILABLE**  **GLUTEN FREE ALT AVAILABLE**

DAY 1

ARRIVAL DAY DINNER



Served in *Fork in the Road* Dining Hall

DAY 2

BREAKFAST

Served in *Fork in the Road* Dining Hall

LUNCH

Turkey & Cheese Sandwich , Sunflower Butter & Jelly, Potato Chips, Oreo Cookies 

PRE-DINNER SNACK

Chips & Salsa

DINNER

Burgers  , Hot Dogs  

DESSERTS

Peach Cake 

DAY 3

BREAKFAST

Breakfast Burritos , Hash Browns, Fresh Apple

LUNCH

Roast Beef & Cheese Sandwich , Sunflower Butter & Jelly, Oreo Cookie , Fruit Cup

PRE-DINNER SNACK

Pepperoni, Cheese, & Crackers

DINNER

Beef Soft Tacos, Spanish Rice, Refried Beans

DESSERTS



S'mores

DAY 4


BREAKFAST

Cheesy Scrambled Eggs, Home Fried Potatoes, Fresh Orange

LUNCH

Turkey Pita Sandwich , Sunflower Butter & Jelly, Chex Mix, Granola Bar, Rice Krispies 

PRE-DINNER SNACK

Veggie Tray w/Crackers , Ranch Dressing, & Pimento Spread

DINNER

Ziti , w/Marinara & Sausage , Garlic Bread, Garden Salad

DESSERTS

Pineapple Upside Down Cake 

DAY 5


BREAKFAST

French Toast , Scrambled Eggs, Bacon , Fresh Apple

LUNCH

Roast Beef & Cheese Sandwich , Sunflower Butter & Jelly, Potato Chips, Oreo Cookie , Fruit Cup

PRE-DINNER SNACK

Veggie Tray w/Crackers , Ranch Dressing, & Pimento Spread

DINNER

Ribeye Steak , Loaded Mashed Potatoes, Green Beans

DESSERTS

S'mores

DAY 6

BREAKFAST

Pack Out Bag

LUNCH

Provided by Rafting Company

DINNER

Served in *Fork in the Road* Dining Hall

DAY 7

LAST DAY BREAKFAST

Served in *Fork in the Road* Dining Hall

ATV TREK

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 VEGETARIAN ALT AVAILABLE  GLUTEN FREE ALT AVAILABLE

DAY 1

ARRIVAL DAY DINNER



Served in *Fork in the Road* Dining Hall

DAY 2

BREAKFAST

Cheesy Scrambled Eggs, Home Fried Potatoes, Fresh Orange

LUNCH

Turkey & Cheese Sandwich , Sunflower Butter & Jelly, Potato Chips, Oreo Cookies 

PRE-DINNER SNACK

Chips & Salsa

DINNER


Burgers , , Hot Dogs , 

DESSERTS

Peach Cake 

DAY 3


BREAKFAST

Breakfast Burritos , Hash Browns, Fresh Apple

LUNCH

Roast Beef & Cheese Sandwich , Sunflower Butter & Jelly, Oreo Cookie , Fruit Cup

PRE-DINNER SNACK

Pepperoni, Cheese, & Crackers 

DINNER

Beef Soft Tacos , , Spanish Rice, Refried Beans

DESSERTS



S'mores

DAY 4

BREAKFAST

Cheesy Scrambled Eggs, Home Fried Potatoes, Fresh Orange

LUNCH

Turkey Pita Sandwich , Sunflower Butter & Jelly, Chex Mix, Granola Bar, Rice Krispies 

DINNER

Served in *Fork in the Road* Dining Hall

DAY 5


BREAKFAST

Served in *Fork in the Road* Dining Hall


LUNCH

Roast Beef & Cheese Sandwich , Sunflower Butter & Jelly, Potato Chips, Oreo Cookie , Fruit Cup

PRE-DINNER SNACK

Veggie Tray w/Crackers , Ranch Dressing, & Pimento Spread

DINNER

Ribeye Steak , Loaded Mashed Potatoes, Green Beans

DESSERTS

S'mores

DAY 6

BREAKFAST

Pack Out Bag

LUNCH

Pack Out Bag

DINNER

Served in *Fork in the Road* Dining Hall

DAY 7

BREAKFAST

Served in *Fork in the Road* Dining Hall